

## GENERATING SOLUTIONS TO OBSTACLES

Write down the perceived real obstacles to your goal at the top of each column. Then ask yourself the solution-generating questions to see if you can find a way to overcome your obstacles.

Obstacles	1.	2.	3.
<i>What are my assumptions? Are they based on fact?</i>			
<i>Am I managing my resources?</i>			
<i>Can I brainstorm any ideas?</i>			
<i>Is there an alternative way to achieve what I want?</i>			
<i>What do other people whom I trust think?</i>			