

# IDENTIFYING WHAT YOU WANT

Things I Don't Like in My Life	What Would I Like Instead?
<b>Example:</b> <i>I hate the apartment I live in because it is so noisy.</i>	<b>Example:</b> <i>I would prefer to live in an environment that is more soothing so that I can feel at peace when I am there.</i>
1.	1.
2.	2.
3.	3.
4.	4.
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7.	7.
8.	8.
9.	9.
10.	10.